Cougar Cafe



March/April 2017 Lunch Entrée 5 Week Cycle Menu*

Please visit our webpage http://www.healtheliving.net/instance/2023721/district/21 for a detailed list of fruit, vegetable, milk and condiment accompaniments and much more!



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Monday	Tuesday	Wednesday	Thursday	Friday
March 6 Chicken Pattie Sandwich & Tater Tots Or PBJ	7 Taco Bar Or Bean & Cheese Burrito Or PBJ	8 Chicken Nuggets & Oven Fries Or PBJ Maple Waffle Graham	9 Teriyaki Beef Dippers & Rice Or PBJ	10 PUPIL FREE DAY
13 Cheeseburger & Sweet Potato Fries Or PBJ	14 Taco Bar Or Quesadilla & Rice Or PBJ	15 Chicken Nuggets & Oven Fries Or PBJ Berry Waffle Grahams	16 Corkscrew Pasta & Meatballs Or PBJ	17 Domino's Cheese or Pepperoni Pizza Or PBJ
20 Chicken Pattie Sandwich & Tater Tots Or PBJ	21 Taco Bar Or Cheese Quesadilla & Rice Or PBJ	22 Chicken Nuggets & Oven Fries Or PBJ President Cookies	23 Teriyaki Beef Dippers Or PBJ	24 Domino's Cheese or Pepperoni Pizza Or PBJ
27 Mini Corn Dogs & Oven Fries Or PBJ	28 Taco Bar & Rice Or Cheese Quesadilla Or PBJ	29 Chicken Nuggets &Sweet Potato Wedges Or PBJ States Cookies	30 Teriyaki Chicken & Rice Or PBJ Valentine Cookie	31 Domino's Cheese or Pepperoni Pizza Or PBJ
APRIL 3-7	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
10 Orange Chicken & Brown Rice Or PBJ	11 Taco Bar & Rice Or PBJ	12 Chicken Nuggets &Sweet Potato Wedges Or PBJ Chocolate Grahams	13 Macaroni & Cheese Or PBJ Strawberry Cup	14 Domino's Cheese or Pepperoni Pizza Or PBJ

Student Prices: Breakfast \$2.00 Lunch \$3.50

Notice:

The data contained within this report should not be used for and does not provide menu planning for a child with a medical condition or food allergy.

*Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

We encourage all our families to set up a "My School Bucks" account for the cafeteria meals. This can keep the cafeteria lines moving since money won't be changing hands. You can set up "low balance" reminders so your child always has the option to dine in the cafeteria. Thank you for your support!